



**ATTENTION HIGH SCHOOL WRESTLERS...**  
**...BRING OUT YOUR BEST THIS SEASON!**

### SEASON MINDSET & STRENGTH WORKSHOP

Speaker Gene Zannetti, former Penn Wrestler and Wrestling Mindset guru will talk focus, confidence and match-time prep as well as answer all wrestling questions and concerns.

**Sign up Now –You have the potential to be the best!**

Email: [Wrestlingmindset@gmail.com](mailto:Wrestlingmindset@gmail.com)

Admission: \$45/student

Date: Saturday, December 14<sup>th</sup>, RSVP by December 10<sup>th</sup>.

Time: 2:00-4:00 pm

Location: Fitness Elite Studio

170 township line Rd.

Hillsborough, NJ 08844

(next to Daycare)

[www.wrestlingmindset.com](http://www.wrestlingmindset.com)